



PET/CT Scan Prep – Before Your Appointment

Simple steps to help keep your test on schedule.

1



WITHIN 48 HOURS

If we are unable to reach you, you **MUST CALL** within **48 hours** to review instructions and confirm your appointment: **856-546-3006, ext. 2250.**

If we do not speak with you, your test may need to be rescheduled.



2



24 HOURS BEFORE

No caffeine or decaf products for 24 hours.
THIS CAN CANCEL YOUR TEST.



Coffee



Decaf Coffee



Tea



Decaf Tea



Soda



Chocolate



Energy Drinks



Protein Drinks

Migraine /
OTC Medicines
with Caffeine

Okay to drink: water, juice, white milk.

3



48 HOURS BEFORE

Tell us if you take breathing medicines with theophylline.

These medicines usually must be stopped 48 hours before the test. Check with your doctor first.



Check the label or ask your doctor.

4



4 HOURS BEFORE

Fast for 4 hours.

Before that, a light meal is okay. During the 4-hour fast: nothing to eat or drink except a few sips of water for needed medicines.



Drink plenty of water the day before, especially if you have difficult veins.

QUICK FACTS



Test time:
about 1.5 hours



Arrive
30 minutes early
for test prep and
registration.



Our office will call
3–4 days before your
test to review instructions.



PET/CT Scan Prep – Test Day

What to do, what to bring, and what to expect.

1

MEDICINES



Take your regular medicines as usual unless your physician tells you otherwise.



Use inhalers or nebulizer treatments at the usual time.



Bring your rescue inhaler if prescribed.



If you use oxygen, bring your oxygen.

2

DIABETIC PATIENTS



Insulin Pump:
No change.



Insulin-dependent:
Take half your usual morning dose.



Oral diabetes medicine:
Do not take the morning of the test.

3

WHAT TO WEAR



Comfortable, warm, 2-piece outfit.



No metal buttons or zippers



No underwire bra



No necklace



No lotion or powder on chest or arms



Bring a blanket if desired.



No one-piece outfits

4

AFTER MIDNIGHT



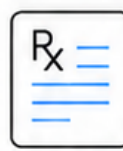
Do not smoke after midnight the night before your test.

5

BRING THESE ITEMS



Medication list



Prescription or order



Insurance card



Photo ID

6

WHAT TO EXPECT



1. Check-in / arrive 30 minutes early / for test prep and registration.



2. IV in arm



3. First pictures



4. Medicine stress test + another injection



5. Second pictures

i You will lie on the scanner table for about 30 minutes.



Questions?
Call 556-546-3006, ext. 2250.



Minors are not permitted at your test.
If you arrive with a minor, you will be rescheduled.